

Talking to young children about grooming

Say or show:

NO

be
assertive
if you can



GO

to a safe place
with other people



and

TELL

an adult
you trust

1. Identify which area of their body are private.
2. Emphasize that no one should touch the private parts of their body.
3. Emphasize they should not touch the private parts of someone else's body.
4. Understand that they have the right to say who touches their body.
5. Identify whether touch is "good" or "uncomfortable".
6. Tell them good touches make you feel happy and uncomfortable touches make you feel sad, or weird.
7. To help children understand "good" touches and "uncomfortable" touches, ask them what types of faces do they make when they are happy and what types of faces they make when they feel uncomfortable?
8. Help them understand how to refuse uncomfortable touches.
9. Discuss if someone is touching you in a way you do not like, you need to say, "Stop, I don't like it!" and then tell you (their parent) what happened. They can also tell another adult, like the principal.
10. Emphasize for them to always tell an adult if someone touches their private and/or ask them to touch someone else's private parts.
11. Tell an adult if someone tells them:
 - a. "Not to tell";
 - b. "No one will believe you"; and
 - c. Say, they will hurt you if you tell.

Books to read with your child:

Your Body Belongs to You, Author: Cornelia Spelman

I Can Play It Safe, Author: Alison Feigh

Do You Have a Secret, Author: Jennifer Moore-Mallinos